

Random Acts of Kindness – Website links:

<https://www.randomactsofkindness.org/>

The Random Acts of Kindness website is full of great ideas you can do with your family to incorporate kindness into your daily life. Their home page will also direct you to some other great websites (listed below) where you can get your family participating in some meaningful activities, all in the name of kindness.

<https://dogoodfromhome.com/>

Do Good From Home! You will also find this link on the Random Acts of Kindness website. This program is a fantastic way to transform empathy into action.

<https://kidsforpeaceglobal.org/peacefulpenpals/>

Through some good old fashioned letter writing, *the Peaceful Pen-Pals Project* will match your child to another child of similar age.

<https://kidsforpeaceglobal.org/lovingletters/>

*Loving Letters for Grandfriends* is another project through the *Kids for Peace*, for anyone wishing to uplift the spirit of a senior during these challenging times.