

### Program Summary

Williamson is a six-bed community healing home in Winnipeg, where male youth ages 12 to 17 receive comprehensive strengths/needs/risk assessments and screening over the course of 16 weeks to help guide referral and planning services, and address safety concerns.

### Additional Services

- Caregiver strengths/needs assessments
- Trauma and Resilience Screening: ACE and Resilience Questionnaires®
- Child and Adolescent Functional Assessment®
- Casey Life Skills Assessment®
- Mental health and substance use screening
- Cultural and spiritual services
- Indigenous mentorship
- Crisis intervention, planning and support
- Goal setting and wellness planning
- Educational and/or work readiness needs assessment and goal planning
- Placement needs assessment and recommendations, with a focus on:
  - Service recommendations and referrals
  - Transition recommendations and planning

Program Therapists engage and interview the youth, their family, caregivers, social workers, school personnel, service providers and members of the Williamson Assessment team to complete the final report, which is then shared with all parties at week 12, with the final four weeks reserved for supporting a successful transition.

Assessment reports summarize services, screenings and interventions completed during each youth's stay, along with recommendations for ongoing interventions, resources, supports and services that promote youth and family safety, wellness, healthy development, resilience, and permanency.

### Staffing

The Williamson Assessment team includes highly trained Youth Care Practitioners, a Program Therapist and Program Manager who work collaboratively with youth, their family and extended supports.

### Youth and Family Engagement

Parents and caregivers are integral members of the service team, and involved in all major decisions related to the development and review of the assessment, intervention and planning services.

### Multidisciplinary Approach

The Williamson team engages experts in mental and behavioural health, addictions, trauma and resilience, and collaborates with agencies, Indigenous cultural services, schools, and other community services to provide all youth with a healing environment and opportunities for personal growth in all areas of their lives.

### Risk and Safety Planning

By creating a strong sense of safety, the program encourages youth to fully engage in the assessment process.

Personal risk assessments and safety plans are developed and implemented prior to a youth's admission and throughout service delivery to reduce risk and introduce goal development into all aspects of programming.

### Admission Criteria and Safety

While the program is open to all male youth ages 12 to 17 without a long-term plan of care, the results of a risk assessment prior to admission may impact eligibility.

Screening includes information regarding prior contact or conflict with current residents, gang affiliation, court orders, previous history of violent behaviour, and drug and alcohol use. Safety plans will be developed before intake to address potential risk to other residents. Where risk cannot be adequately addressed through programming, alternate recommendations will be made for interim placement.

### Referrals

Referrals for the Williamson program are accepted directly from mandated child and family services agencies.

### Contact Information:

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