

The Edgewood Program:

A SEXUAL AGGRESSION PREVENTION, INTERVENTION AND RECOVERY PROGRAM FOR MALE ADOLESCENTS



Program Summary

The Edgewood Program consists of two six-bed community healing homes in Winnipeg for male youth 12 to 17 with a history of sexually aggressive behaviour.

The program offers unique opportunities for youth to gain insight into thoughts, behaviours and emotions; address safety concerns; develop life skills; restore and preserve family and community relationships; and build community supports and resources.

Behavior is closely monitored and supervised both within the home and in the community. Youth are expected to participate actively in treatment and take responsibility for their actions.

Services

The Edgewood Program uses an integrated treatment approach that incorporates a variety of psychotherapeutic, cognitive, behavioral and educational elements to provide the most effective outcomes.

This program engages youth, families and their extended support systems in the following assessment, treatment and planning services:

- Strengths/needs/risk assessments
Safety planning
- Three phases of treatment
- Personalized treatment plans
- Sexual process group therapy
- Psychoeducational group
- Problem solving/life skills group
- Cultural and spiritual services
- Indigenous mentorship
- Day and school programming
- Transition planning

Staffing

The Edgewood team includes highly trained Youth Care Practitioners, a Program Therapist and Program Manager who work collaboratively with youth, their family and extended supports.

Youth and Family Engagement

Parents and caregivers are integral members of the service team, and involved in all major decisions related to the development and review of the assessment, intervention and planning services.

Multidisciplinary Approach

The Edgewood Program engages experts in sexually aggressive behaviour, treatment and recovery, and collaborates with agencies, probation, Indigenous cultural services, schools, and other community services to provide all youth with a healing environment and opportunities for personal growth in all areas of their lives.

Risk and Safety Planning

By creating a strong sense of safety, the program encourages youth to fully engage in the assessment and treatment process.

Personal risk assessments and safety plans are developed and implemented prior to a youth's admission and throughout service delivery to reduce risk and introduce goal development into all aspects of programming.

Admission Criteria

- Male youth ages 12 to 16 who have committed a sexual offence &;
- are actively participating in treatment;
- take responsibility for their actions;
- accept close supervision conditions in home and community;
- developmentally and cognitively able to participate in group living and treatment;
- able to participate in day programming &;
- approved for Level IV funding.

Participants must **NOT** be psychotic or chemically dependent

Referrals

Referrals for the Edgewood Program are accepted directly from mandated child and family services agencies. Agency social workers can also refer youth through MYS Centralized Intake.

Contact Information:

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