

ASIST 11

(Applied Suicide Intervention Skills Training, Version 11)



ASIST

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone 16 or older can learn and use the ASIST model.

Since its development in 1983, ASIST has received regular updates to reflect improvements in knowledge and practice, and over 1,000,000 people have taken the workshop. Studies show that the ASIST method helps reduce suicidal feelings in those at risk and is a cost-effective way to help address the problem of suicide.

Learning goals and objectives

Over the course of their two-day workshop, ASIST participants learn to:

- Understand the ways that personal and societal attitudes affect views on suicide and interventions
- Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs
- Identify the key elements of an effective suicide safety plan and the actions required to implement it
- Appreciate the value of improving and integrating suicide prevention resources in the community at large
- Recognize other important aspects of suicide prevention including life-promotion and self-care

Workshop features:

- Presentations and guidance from two LivingWorks registered trainers
- A scientifically proven intervention model
- Powerful audiovisual learning aids
- Group discussions
- Skills practice and development
- A balance of challenge and safety

ASIST helps to build regional networks of trained caregivers who can support each and use common terminology to approach suicide and safety.

Dates

- September 25-26, 2018

Location

This two-day workshops run from 9:00 am – 4:30 pm at the Precious Blood Parish Hall, 200 Kenny St., Winnipeg, MB.

Registration & Certification

Pre-registration is required. Space will not be reserved without payment. To register, please fill out the registration form below.

Attendance is required for both days, in their entirety, to receive certification.

Fees

The fee for this course is **\$150.00 per person**. Payment may be made via Credit Card (Visa/Master Card/American Express).

Refreshments

Refreshments are provided; Lunch is **not provided**.

Parking & Check-in

There is free parking located in the parking lot at the side and rear of the Precious Blood Parish Hall. Overflow parking is located at the rear of the facility.

Accessibility

The Precious Blood Parish Hall is equipped with accessible entrances at the rear of the building, and accessible washrooms.

Questions

For further information, or assistance with your registration, please contact Sarah Badgero at sarah.badgero@mys.mb.ca or PH: 204-949-6502.



REGISTRATION FORM

ASIST Registration Form

Name *(Please write your name as you would like it to appear on your certificate)*

First

Last

Agency

Work/Agency Address

Street Address

Address Line 2

City

State/Province

Postal Code

Country

If not applicable, enter "NA" in all fields.

Personal Email

Enter Email

Phone Number

Phone

Date of Registration

September 25-26, 2018

Have you taken ASIST before?

Yes

No

**Payment in full is required before the scheduled workshop.
Space will not be reserved without payment**

MYS reserves the right to cancel workshops if minimum registration numbers are not met or if weather does not permit.

Visa Master Card American Express

Card #: _____ Expiry Date: _____

Card Holder's Name: _____

Card Holder's Signature: _____

of Registrants: _____

Total Fee Authorized: \$ _____ .00 (Fee: \$150.00 per person)

***Note:** If you are unable to be present for all hours of the workshop, you will not receive your certification. You cannot re-take the missed time and will be required to re-take the entire workshop at your expense, in order to receive your certification/

Cancellation Policy: If a participant cancels their registration, a \$10.00 cancellation fee will apply. If a participant cancels their registration fewer than 2 business days prior to the workshop, no refund will be issued.

Transfer Policy: A participant may choose to transfer workshop dates provided. No transfers will be accepted 48 hours prior to the workshop. Once you have transferred, you have forfeited your option to cancel your registration at a later date.

Price may be changed at any time without further notice. We reserve the right to change our workshop prices at any time without further notice.

Prices listed in any other websites may not be accepted. We cannot always control when other sites are updated. We reserve the right not to accept a price listed on a site other than our own.

Submit Registration Form via Fax, Mail or Email

Macdonald Youth Services
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F: (204) 284-4431 (ATTN: MYS Training)
Email: Training@mys.mb.ca